

MEXICO GRAND HOTELS®



Relax & Recharge: 4-Day Wellness Itinerary in Los Cabos

DESTINATION: Los Cabos (commonly known as Cabo), Mexico

DURATION: 4 days / 3 nights

ARRIVAL: Los Cabos International Airport (SJD)

DEPARTURE: Private transfer to the airport

Arrival and Unwind

MORNING

Your wellness journey begins with a private transfer to the resort.

At **Vista Encantada**, you'll find an exclusive atmosphere with a panoramic rooftop and premium spa; while **Hacienda Encantada** offers a more authentic touch with a full-service spa and a traditional temazcal ritual.

AFTERNOON & EVENING

After check-in, spend the afternoon relaxing at the infinity pool. In the evening, dinner features fresh and balanced options by the sea.



DAY 2

Full Wellness Day

MORNING

Start your morning with a sunrise yoga class, taking advantage of the calm surroundings.

Then, enjoy a complete spa journey with hydrotherapy, temazcal, and private cabanas at **Milagro Spa**.



AFTERNOON & EVENING

The afternoon is all about slowing down—meditation, reading, or simply enjoying the ocean view in a peaceful setting.

End the day with a light and nourishing dinner paired with fresh juices or herbal teas.

DAY 3

Connect with Nature

A man and a woman are kayaking in a red kayak on the ocean. The man is in the back, wearing a white shirt and sunglasses, and the woman is in the front, wearing a yellow and white checkered shirt and sunglasses. They are both holding red paddles. The water is splashing around the kayak, and the sun is low on the horizon, creating a warm, golden glow. In the background, there is a large, rocky island or cliff.

MORNING

After a healthy breakfast, join outdoor activities such as kayaking at sunrise, a coastal walk, or breathing exercises by the sea.

AFTERNOON

In the afternoon, relax at Vista Encantada's 360° rooftop or enjoy the gardens at Hacienda Encantada, surrounded by calm and comfort.

EVENING

The evening closes with a slow food dinner prepared with fresh, local ingredients.

DAY 4

A Calm Farewell

MORNING

Take your last morning at your own pace: a light brunch with seasonal fruit, fresh juices, and artisan bread by the ocean.

The concierge handles your airport transfer, making sure your departure is as seamless as your stay.



Check-out marks the end of a wellness experience in Los Cabos that blends relaxation, health, and unforgettable moments.

Extend Your Experience – Spa Journey

Whether you're staying at Marina Fiesta or Hacienda Encantada, enhance your stay with the Spa Journey Package, designed to renew body and mind.

SPA JOURNEY

Includes:

- 50-minute massage
- 50-minute facial
- 50-minute body scrub (skin treatment)

Select your preferred style for each treatment to personalize your experience.

Added values:

- Complimentary access to hydrotherapy and wet areas
- One temazcal session (available for All-Inclusive plans only)





Ready to live your
wellness experience
in Los Cabos?

BOOK YOUR STAY

